



RESEARCH FINDINGS

The Arnett Lab had a strong presence at the American Professional Society of ADHD and Related Disorders (APSARD) Annual Conference, in San Diego this January, with a plenary presentation, data blitz, and five posters! Lab members involved in these presentations included Drs. Arnett, Peisch, Pranjic and Lynch; research assistants Matthew and Jojo; and interns Emmie and Sam. One poster, led by Sam, presented her findings that children in the RHINO-Mites study who reportedly took their first steps very early (<11 months old) showed higher hyperactive/impulsive symptoms than peers, suggesting that atypical timing of early motor milestones may be an early developmental marker of ADHD. Another poster, led by Dr. Pranjic, showed that young children with elevated ADHD symptoms display atypical early auditory processing and reduced neural habituation to repeated sounds, suggesting potential differences in sensory and attentional system development in ADHD.



MEET THE TEAM



Julia Kausel joined the Arnett Lab in July 2025 as an advanced practicum student. She is currently a 4th year School Psychology Ph.D. student at University of Massachusetts Boston. Julia's research interests center around interdisciplinary consultation and supporting youth with developmental disabilities.

CONTACT INFORMATION

ArnettLab@
childrens.harvard.edu

(617) 919-7771

CURRENTLY RECRUITING

The BEE Study

- The BEE Study (Balancing Emotions and Electronics) is recruiting caregivers of 2.5-4.5 year old children for a study on child screen use and emotion regulation. Caregivers will complete questionnaires and three virtual Zoom sessions on caregiver strategies (compensation of \$100/family).

Scan the QR code to learn more about the BEE Study:



The Genetics of ADHD Study

- 6-17 year-olds with ADHD and their families to contribute saliva samples

Scan the QR code for more information on other current studies:



The Mindfulness ADHD Study

- The Mindfulness ADHD Study is examining the effects of brief deep breathing on attention and inhibition
- Recruitment updates coming soon!

