

ARNETT LAB

Newsletter



ARNETT LAB
BOSTON CHILDREN'S HOSPITAL



Boston Children's Hospital
Laboratories of Cognitive Neuroscience

RESEARCH FINDINGS

Research assistants Sambridhi Subedi, BA and Erika Moran, BA presented a poster at the annual APSARD Conference in San Diego, CA this January. Their poster highlighted the results of the EMPOWER Study, in which we investigated cultural and community influences on ADHD treatment-seeking through a series of focus groups with caregivers. The findings highlighted key influential factors among families with varying backgrounds. These include generational differences in mental health perceptions; stigma related to diagnostic labels; misconceptions about the ADHD diagnosis and treatment options; and cultural norms, such as religious practices. From these groups, a preliminary video was developed with the goal of destigmatizing the ADHD journey for other families.

You can access the video using the QR code here:



Sambridhi Subedi presenting at the American Professional Society of ADHD and Related Disorders (APSARD), January 2025.

MEET THE TEAM

Yena Li joined the Arnett Lab in July 2024 as an advanced clinical practicum student. She is currently a 4th-year Ph.D. student in School Psychology at Fordham University. Yena's research focuses on mental health (particularly non-suicidal self-injurious behaviors) among Chinese adolescents. Outside of her work in the lab, Yena spends a few days every week doing assessments and providing counseling sessions at Malden Public Schools. In her free time, Yena enjoys playing the piano, crocheting, drawing, and spending time with her cat, Adagio. She also occasionally performs with her band, *Hang Him to the Scales*.



CURRENTLY RECRUITING

The RACCOON Study is currently seeking:

- 7-11 year old children with or without ADHD

The EQUIP Study is currently seeking:

- Caregivers of children 7-11 years old with ADHD

The Genomics Study is currently seeking:

- 4-17 year old children with ADHD

CONTACT INFORMATION

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Scan the QR code for more information on our current studies:



Boston Children's Hospital

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